

# The Massry Residence at Daughters of Sarah

## March 2024 Activities

Please Check the Activities Office for outing sign-up sheets.  
Programs may be subject to change without prior notice.

If you have any questions, please contact Brigid Rockwell, activities director: 518-724-3406 or rockwellb@doss.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>KEY:</b>            (AR) - Activities Room            (BP) - Back Patio            (CK) - Country Kitchen            (DOS) - Daughters of Sarah            (FDR) - Family Dining Room            (FFEL) - First Floor East Lounge            (FFNL) - First Floor North Lounge            (FP) - Front Patio            (L) - Lobby</p> 						
3	Happy Birthday Howard Borden! 4	5	6	7	8	9
10:00 Brigid's Exercise Video (AR) 2:30 John Hill, Entertainer (L)	10:00 Brigid's Daily Exercise (AR) 11:00 Colleen's Coffee & Chat (CK) 1:30 Jeopardy (AR) 3:00 Poetry Group (FDR) 6:30 Movie: <u>We Don't Deserve Dogs</u> (AR)	10:00 Brigid's Daily Exercise (AR) 10:30 Watercolor Painting with Brigid (AR) 1:30 The Dollar Store Outing (L) 4:00 Happy Hour with Laura Melanie Collins (L)	10:00 Noreen's Chair Yoga (AR) 11:00 Shanley's Word Game (AR) 1:30 Rabbi Ami's Class (AR) 2:45 Bingo (AR) 6:30 Movie: <u>The After</u> (AR)	10:00 Brigid's Daily Exercise (AR) 10:30 Outing: <u>Bloom</u> , an exhibition at the Albany Center Galleries (L) 3:15 Arnie's What's NU? (AR) 6:30 Jeffrey Gonzales, Live (L)	Happy Birthday Carole Desimone! 1 10:00 Brigid's Daily Exercise (AR) 11:00 Shanley's Book Group New book selection today! (FDR) 1:00 Matinee: <u>The Foe</u> (AR) 1:30 Bridge Group (CK) 3:30 Live Shabbat Service with Rabbi Ami (AR)	2 9:30 Synagogue Temple Israel Albany Stream (AR) 10:30 Live Shabbat Service (DOS Shul) 2:00 Matinee Series: <u>The Kominsky Method</u> (AR)
10	Happy Birthday Paul Jeffers! 11	12	13	14	15	16
10:00 Brigid's Exercise Video (AR) 2:30 Pat Viglucci: piano/guitar duo (L)	10:00 Brigid's Daily Exercise (AR) 11:00 Colleen's Coffee & Chat (CK) 1:30 Poetry Group (FDR) 3:00 Resident Meeting (AR) 6:30 Movie: <u>Full Metal Jacket</u> (AR)	10:00 Brigid's Daily Exercise (AR) 11:00 Amy & Judy Craft (AR) 1:00 Depart Lobby for Walmart 2:30 Sonny Daye, Entertainer (L) 3:30 Wine and Cheese (L)	10:00 Noreen's Chair Yoga (AR) 11:00 Shanley's Word Game (AR) 1:30 Knitting & Crochet (CK) 2:45 Bingo (AR) 6:30 Movie: <u>The Quiet Man</u> (AR)	10:00 Brigid's Daily Exercise (AR) 10:30 Purim Paper Mache' Mask Making on Balloons (AR) 3:15 Arnie's What's NU? (AR) 6:30 Bill Hoerprich and the Musicats! (L)	10:00 Brigid's Daily Exercise (AR) 11:00 Shanley's Book Group (FDR) 1:00 Matinee: <u>The Quiet Man</u> (AR) 1:30 Bridge Group (CK) 3:30 Live Shabbat Service with Rabbi Ami (AR)	9:30 Synagogue Temple Israel Albany Stream (AR) 10:30 Live Shabbat Service (DOS Shul) 2:00 Matinee Series: <u>The Queen's Gambit</u> (AR)
17	18	Spring Equinox 19	20	21	Happy Birthday Millie Natal! 22	PURIM 23
10:00 Brigid's Exercise Video (AR) 2:30 Alyse & Don Young Duo (L) 3:45 Movie: <u>Waking Ned Divine</u> (AR)  Corned Beef and Cabbage Dinner!	10:00 Brigid's Daily Exercise (AR) 11:00 Colleen's Coffee & Chat (CK) 2:00 Dining Meeting: with Nutrition Talk on Mushrooms (L) 3:00 Poetry Group (FDR) 6:30 Movie: <u>My Man Godfrey</u> (AR)	10:00 Brigid's Daily Exercise (AR) 11:00 Amy & Judy Craft (AR) 1:30 Lepidoptera or Butterflies with Dr. Kenneth Deitcher (AR) 2:30 Birthday Celebration with Joe Severino (L) 3:30 Jeopardy (AR)	10:00 Noreen's Chair Yoga (AR) 11:00 Shanley's Word Game (AR) 1:30 Rabbi Ami & Brigid – Purim Mask Making and Story Telling (AR) 2:45 Bingo (AR) 6:30 Movie: <u>Rustin</u> (AR)	10:00 Brigid's Daily Exercise (AR) 10:30 Depart for New York State Museum (L) 3:15 Arnie's What's NU? (AR) 6:30 The Lost Radio Rounders (L)	10:00 Brigid's Daily Exercise (AR) 11:00 Hebrew Academy Purim Celebration! (L) (No book group) 1:00 Matinee: <u>Rustin</u> (AR) 1:30 Bridge Group (CK) 3:30 Live Shabbat Service with Rabbi Ami (AR)	9:30 Synagogue Temple Israel Albany Stream (AR) 10:30 Live Shabbat Service (DOS Shul) 2:00 Matinee Series: <u>The Queen's Gambit</u> (AR)
PURIM 24	25	26	27	28	29	30
10:00 Brigid's Exercise Video (AR) 11:00 Rabbi Ami's Reading of the Megillah (AR) 2:30 Randy Rosette Live (L)  EASTER SUNDAY 31 10:00 Brigid's Exercise Video (AR) 2:30 A Touch of Woodwinds (L)	10:00 Brigid's Daily Exercise (AR) 11:00 Colleen's Coffee & Chat (CK) 2:00 Drum Circle (AR) 3:00 Poetry Group (FDR) 6:30 Movie: <u>All Quiet on the Western Front</u> - (AR)	10:00 Brigid's Daily Exercise (AR) 11:00 Watercolor Painting with Brigid (AR) 1:30 Siena College's Dr. Michael Rings speaks on Cross-Culture Music Appreciation (AR) 2:30 Marcus Ruggiero (L) 3:30 Wine and Cheese (L)	10:00 Noreen's Chair Yoga (AR) 11:00 Shanley's Word Game (AR) 11:00 Easter Mass with Father Gary (FFNL) 1:30 Knitting & Crochet (CK) 2:45 Bingo (AR) 6:15-7:15 Alzheimer's Assoc. Talk for families & residents (AR)	10:00 Brigid's Daily Exercise (AR) 11:00 Large Crosswords (AR) 1:15 Stuyvesant Plaza Outing (L) 3:15 Arnie's What's NU? (AR) 5:15 Captain's Table (FDR) 6:30 Luster Kings Duo (L)	10:00 Brigid's Daily Exercise (AR) 11:00 Shanley's Book Group (FDR) 1:00 Movie Matinee: <u>Gifted Hands: The Ben Carson Story</u> (AR) 1:30 Bridge Group (CK) 3:30 Live Shabbat Service with Rabbi Ami (AR)	9:30 Synagogue Temple Israel Albany Stream (AR) 10:30 Live Shabbat Service (DOS Shul) 2:00 Matinee Series: <u>The Queen's Gambit</u> (AR)