



MEMORANDUM

To: Daughters of Sarah Nursing & Rehabilitation Center Residents & Families
From: Lisa Marrello, Administrator
Date: January 11, 2022

Dear Family Members and Friends:

I am writing to inform you that we have received guidance from NYSDOH that all visitors must show proof of a negative COVID-19 test before visiting.

Effective tomorrow, Saturday, January 15, 2022:

Visitors must have received a negative COVID-19 test from an antigen (Rapid) or laboratory (PCR) test:

- within one day prior to visitation for antigen (rapid) tests and
- within two days prior to visitation for PCR (laboratory) tests.

For example, for a Sunday visit, a rapid test should be conducted no earlier than Saturday and no earlier than Friday for a PCR test.

When you enter the facility, do not sign in until you have shown the receptionist your negative test (a picture with a date will suffice).

NOTE: If you do not have access to a test, we can provide one to you. New York State has provided us with a limited supply of iHealth COVID-19 rapid tests to distribute. Each box contains 2 tests – PLEASE keep the second test for your next visit.

All testing must be done offsite, for example at your home or in your vehicle.

We do not have adequate space for visitors to conduct the test inside the facility.

If the test is positive please call the receptionist at 518-456-7831 and report this for contact tracing purposes.

With a negative test result, you can bring the negative test into the building, show the receptionist, sign in, and deposit the test in the red garbage container in the lobby.

Please be patient with us while we work through this new process. Attached is a link that will show you how to administer this test. <https://www.youtube.com/watch?v= juFqYt25il>. Due to a learning curve, we suggest you conduct your first test at home.

We do not know how long our supply of iHealth tests will last, if NYS plans on sending us more, or how long this regulation will remain in effect.

- A list of testing sites in Albany County may be found at <https://www.albanycounty.com/departments/health/coronavirus-covid-19/testing-results>
- A statewide search for testing sites may be conducted at <https://coronavirus.health.ny.gov/find-test-site-near-you>.
- The Centers for Medicare and Medicaid Services offers suggestions for obtaining an at-home test kit at <https://www.cms.gov/how-to-get-your-at-home-OTC-COVID-19-test-for-free>. Many local municipalities are distributing test kits. Check with your local offices for information.

For visitors who visit multiple days, including a visitor who comes every day, proof of negative testing is required at a minimum every third day (meaning at a minimum day one, day 4, day 7, and so on)

NOTE: The only exception to the testing rule is if your loved one is end of life or in a medical crisis.

Tests kits will be available at the reception desk beginning today, Friday, January 14, 2022.

For your information, the attached PDF illustrates our new visitation policy. As always, please let us know if you have any questions.

Thank you for your ongoing consideration and support.

**VISITATION PROCESS
JAN. 2022**

- Negative COVID Test Result**
Before using the check-in system, present your COVID-Negative test result to our Receptionist.
- Log In**
Register your visitation by using our lobby kiosks.
- Mask Up**
You must wear a paper surgical mask during your entire visit to Daughters of Sarah, even with your resident.
- No Gathering**
Walk directly to your resident's room. Please do not stop to chat with staff members or others.

Scan here to watch a video on proper use of the iHealth test kit.

Daughters of Sarah
Community for Seniors