



What to Expect as a New Admission to Daughters of Sarah Nursing & Rehabilitation Center

We understand it is difficult coming to a skilled nursing facility during the COVID-19 pandemic. We are here to make this process as smooth as possible. Below are some highlights to help you become acquainted with our facility under **restricted visitation (see most current policy on our website)**.

Non-vaccinated residents will be **isolated/quarantined** for up to 14 days upon admission. The unit you are admitted to will be determined by current NYS guidelines as it pertains to COVID-19. Residents will most likely eat meals in their rooms and those on therapy will receive these services in their rooms. Most residents will be periodically COVID-19 tested throughout their stay.

If you are a **long-term resident**, you will eventually be moved to a long-term unit if you were not admitted there directly upon admission. We will be in contact with you/your family to discuss any applicable unit change. We will place you on the unit that best fits your individual medical and psycho-social needs.

If you are a **short-term resident**, there is a chance you will change rooms within the Green Unit after your quarantine is over depending on the clinical factors occurring on the unit. We will be in contact with you/your family to discuss this change.

Short-term residents who are alert & oriented get regular updates on discharge planning directly from Social Work. Please speak to the resident for updates. Social Work does not make separate phone calls to family unless the resident is NOT alert & oriented.

All of our rooms are **private with private half bath**, giving you the privacy you deserve and expect.

Visitors are not allowed into the facility on the day of admission. You are welcome to drop off **personal belongings** in the vestibule of our facility. Some suggested items to bring are:

7 days of clothing typically worn at home
Cell phone, pictures, magazines, books

Do **not bring** furniture. Also, medical supplies and medications are not needed as they are provided through Daughters of Sarah.

We encourage you to have all your **personal items** labeled. Please leave items to be labeled at the front reception desk. All clothing **MUST** be **inventoried** as this is maintained in the medical record. When bringing items to the front desk, please have the items listed out (preferably typed) with a brief description. If delivering items in a suitcase/bag, please label the bag with a large piece of paper with the resident's name and tape it to the bag.

Those who are un-vaccinated cannot do indoor visits for 14 day. Instead, you can schedule a **window visit** which occur on Mondays and Fridays at 11:00am, 2:00pm, or 3:00pm. Do not schedule a window visit before the 4th day after admission to give your loved one time to settle in. Please call Mary Roy, Recreation Director at 518-724-3290 to schedule this visit.

You can also schedule a **Facetime or Skype** visit by calling Megan Baffuto, Director of Resident Life, at 518-724-3320.

See the 6/17/2021 memo on our website to sign-up online for an **in-person visit** or call as follows:

For the MEU, Red, or Green Units, please call: 518-724-3202

For the Blue or Gold Units, please call: 518-724-3353

We urge you to provide your **email address** in order to receive timely communication from our facility regarding COVID-19. We also have a hotline that provides daily updates. That number is **518-724-3203**. Updates are also posted on our website: **daughtersofsarah.org**.

Televisions are provided to residents on the Green unit with local channels only. For additional channels, you must call **Spectrum at 1-877-772-2253** to set up service. Telephones are provided to resident on the Green unit ONLY. If you want telephone service on any other unit, you must call **Verizon at 1-800-837-4966**. Unless you will be making long distance calls, we urge you to have these and 900 numbers blocked. Medicaid recipients are eligible for a reduced rate.

You are welcome to bring your cell phone, tablet or other electronic devise. We do offer free **Wi-Fi** under DOSGUEST, password: daughters.

Meal times on all units begin as follows, but keep in mind, with current restrictions on communal dining, meals take longer to be distributed:

Breakfast: 8:30 am Lunch: 12:30pm Dinner: 5:30pm

Some phone numbers to keep handy are as follows:

Green Unit

Kristy Burg, Nurse Manager	518-724-3376
Geri DeBacco, Asst. Nurse Manager	518-724-3388
Nurse's Station	518-724-3372
Robyn Belfance, Social Worker	518-724-3278

Physician/Nurse Practitioner

Dr. Eyad Aldaas or Isabel Mendoza	518-724-3297
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Unit staff are usually with residents, so please leave a voicemail and they will get back to you as soon as possible.

Please refer to our RESIDENT INFORMATION GUIDE for more in-depth information on our facility.