



## What to Expect as a New Admission to Daughters of Sarah Nursing & Rehabilitation Center

We understand it is difficult coming to a skilled nursing facility during the COVID-19 pandemic. We are here to make this process as smooth as possible. Below are some highlights to help you become acquainted with our facility under **restricted visitation**.

All residents will be admitted to our Green Unit, Rehabilitation Unit, and **quarantined** for 14 days. Residents will eat meals in their rooms and those on therapy will receive these services in their rooms. Residents will be COVID-19 tested on or about day 10 of admission. Pending these results residents can come out of quarantine on day 15.

If you are a **long-term resident**, you will be moved to a different unit after your quarantine. We will be in contact with you/your family to discuss this unit change. We will place you on the unit that best fits your individual medical and psycho-social needs.

If you are a **short-term resident**, there is a chance you will change rooms within the Green Unit after your quarantine is over depending on the clinical factors occurring on the unit. We will be in contact with you/your family to discuss this change.

All of our rooms are **private with private rest rooms**, giving you the privacy you deserve and expect.

**Visitors** are not allowed into the facility on the day of admission. You are welcome to drop off **personal belongings** in the vestibule of our facility. Some suggested items to bring are:

7 days of clothing typically worn at home

Cell phone, pictures, magazines, books

Do **not bring** furniture. Also, medical supplies and medications are not needed as they are provided through Daughters of Sarah.

We encourage you to have all your **personal items** labeled. Please leave items to be labeled at the reception desk. All clothing **MUST be inventoried** as this is maintained in the medical record. When bringing items to the front desk, please have the items listed out (preferably typed) with a brief description. If delivering items in a suitcase/bag, please label the bag with a large piece of paper with the resident's name and tape it to the bag.

If our facility is COVID free for 14+ days, we can allow indoor visitation. However, residents on 14-day quarantine cannot participate in these visits. Instead, you can schedule a **window visit** which occur on Mondays and Fridays at 11:00am, 2:00pm, or 3:00pm. Do not schedule a window visit

before the 4<sup>th</sup> day after admission to give your loved one time to settle in. Please call Mary Roy, Recreation Director at 518-724-3290 to schedule this visit.

You can also schedule a **Facetime or Skype** visit by calling Megan Baffuto, Director of Resident Life, at 518-724-3320.

We urge you to provide your **email address** in order to receive timely communication from our facility regarding COVID-19. We also have a hotline that provides daily updates. That number is **518-724-3203**. Updates are also posted on our website: **daughtersofsarah.org**.

**Televisions** are provided to residents on the Green unit with local channels only. For additional channels, you must call **Spectrum at 1-877-772-2253** to set up service. If you want telephone service you must call **Verizon at 1-800-837-4966**. Unless you will be making long distance calls, we urge you to have these and 900 numbers blocked. Medicaid recipients are eligible for a reduced rate.

You are welcome to bring your cell phone, tablet or other electronic device. We do offer free **Wi-Fi** under DOSGUEST, password: daughters.

**Meal** times on all units begin as follows, but keep in mind, with current restrictions on communal dining, meals take longer to be distributed:

Breakfast: 8:30 am  
Lunch: 12:30pm  
Dinner: 5:30pm

Some phone numbers to keep handy are as follows:

### **Green Unit**

Tammy Green, Nurse Manager	518-724-3376
Geri DeBacco, Asst. Nurse Manager	518-724-3388
Nurse's Station	518-724-3372
Megan Baffuto, Social Worker	518-724-3320

Physician/Nurse Practitioner	
Dr. Eyad Aldaas or Isabel Mendoza	518-724-3297

**\*\*Unit staff are usually with residents, so please leave a voicemail and they will get back to you as soon as possible.\*\***

Please refer to our RESIDENT INFORMATION GUIDE for more in-depth information on our facility.