



We
honor
life
season
by
season.

The Jewish reverence for life is richly evident in the Jewish calendar, in which our holy days and holidays progress through the seasons.

We are attentive to the seasons of personal lives as well, and offer spiritual care and guidance as our residents and their families wish, to support them through their own changing seasons.

The mission of Daughters of Sarah Senior Community is to enhance the quality of life of those we serve by assuring maximum independence and dignity through a variety of residential, personal care, health and other quality services, consistent with Jewish tradition.

180 Washington Ave. Ext.
Albany, NY 12203

Phone (518)724-3323 Fax (518)456-6261

www.daughtersofsarah.org

a non profit beneficiary organization of the
United Jewish Federatin of Northeastern NY

Spiritual
Care
at

Daughters of
SARAH
SENIOR COMMUNITY

Dignity
Care
Concern

Serving the physical and
spiritual wellbeing of our
residents all day, every day.

Religious and spiritual practices are an important part of enhancing our residents' quality of life.

At Daughters of Sarah we strive to connect our residents with their traditions, whether Jewish or other. Good pastoral care can transcend religious lines, giving residents an opportunity to talk to a chaplain of any faith who can listen in a non-judgmental way and give support at a difficult time in their lives.

Our rabbi is on the premises 16 hours each week, and is on call for urgent situations. She also partners with area clergy to assist residents who wish to speak to their own rabbi, or clergy of their own faith. Early in a resident's stay the rabbi will stop for a visit, in the hope of opening channels of communication.

In addition to religious services, there are regular programs keeping our Jewish residents in touch with their Jewish heritage, including Yiddish music, discussions, reminiscence groups, and arts projects. Many of our entertainers are local Jewish musicians who include secular and Jewish selections in their programs. Sixth graders from the Hebrew Academy of the Capital District visit regularly during the school year for an intergenerational program of crafts, games, and discussions.

Religious Services

As a Jewish facility, our primary focus is on the Jewish tradition.



Every Friday afternoon at 2:30pm

a liberal Shabbat eve Service in the Daughters of Sarah Shul, including candle-lighting, Kiddush, and motzi on hallah (baked on-premises in our bakery)

Every Saturday morning at 9:45am

a traditional Shabbat morning service with Torah reading led by volunteers, and followed by a Kiddush of wine or grape juice and cake.

We conduct services every Yom Tov (Holy Day), including High Holy Days.

The first two nights of Passover, residents and family members assemble for Seder in the Village Square. We celebrate Hanukkah and Purim. We build a Sukkah in our courtyard. The Activities Calendar includes preparations for Jewish Holy Days.

We also strive to meet the religious needs of our Christian residents.

Sundays at 11:00 a.m

- 1st Sunday of the month: Protestant Services led by a Methodist minister
- 2nd Sunday of the month: Catholic Services led by a Eucharistic minister
- 3rd Sunday of the month: Rosary group
- 4th and 5th Sundays of the month: Catholic services led by a Eucharistic minister

Other services for Catholic residents:

- Every other month on the 1st or 3rd Wednesday at 2:30: Mass celebrated by the Priest from Christ the King Church.
- Weekly visits by Eucharistic ministers

Other services for Protestant residents:

- Tuesday visits by a Methodist minister
- Friday at 3:30: Weekly Bible study
- Christmas and Easter services: Variable by the year
- 1st Thursday, every other month, 3:30pm Interfaith Memorial Services

All services are subject to change or cancellation.
Please see the monthly recreation calendar for specific details.