The Daughters of Sarah Jewish Foundation is the fundraising arm of the Senior Community. It offers a variety of ways you can make meaningful contributions.

For more information about the Daughters of Sarah Jewish Foundation, its services, and how you can help, please call the Foundation office at (518) 724-3260.

**Our Mission**

The mission of Daughters of Sarah Senior Community is to enhance the quality of life of those we serve by assuring maximum independence and dignity through a variety of residential, personal care, health and other quality services, consistent with Jewish tradition.

*All food is prepared and served under the supervision of the Vaad Hakashruth of the Capital District.*

*All Nursing Center rooms are private, with private bathrooms.*

Our Senior Community offers a continuum of care, all on one beautiful campus:
- The Massry Assisted Living Residence
- Skilled Nursing Center
  - Golub Family Memory Enhancement Center
  - Hospice at Daughters of Sarah

*Nursing Center Services also available to the outside community:*
- Greatdays Adult Day Health Program
- The Rehabilitation Center at Daughters of Sarah
- Respite Care

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Greatdays provides a level of medical care, security and stimulation that satisfies the needs of both our enrolled members and their at-home family caregivers, making it possible to eliminate or delay long-term placement away from home. Most people want to maintain their independence for as long as possible. But difficulty with activities of daily living and health issues that come with aging may make independence without assistance impractical.

At Greatdays, older adults can receive all the services available in the Nursing Center by day and return home to sleep in their own beds.

Program hours: 8:30A.M. - 4:30P.M. Private pay and Medicaid are both welcome. Enrolled members pay only for days they attend.

Residents may choose from a variety of care levels according to their needs. All benefit from:

- Personal care & medication assistance
- 24-hour emergency response system
- Free transportation to scheduled medical appointments
- Three delicious kosher meals daily

The Rehabilitation Center at Daughters of Sarah & Respite Care
available for the health and convenience of members of the outside community.

Residents of the Massry Residence create opportunities for the men and women who live here to enjoy life to its fullest in the region’s most spacious apartments with lots of natural light and individual climate control.

The Skilled Nursing Care team is dedicated to ensuring that residents receive the highest level of care. Our staff is knowledgeable and compassionate, and we work together to meet the unique needs of each resident. From traditional nursing to physical therapy, occupational therapy, and speech therapy, our skilled nurses provide personalized care to help residents maintain their independence and quality of life. We also offer respite care services to provide temporary relief for caregivers.

Daughters of Sarah Nursing Center distinguishes itself through excellent, culturally sensitive care. It is a leader in staff training for the NYS Department of Health and nursing homes statewide.

Skilled Nursing Care
- Short-term Respite Care
- Certified Nursing Assistants to help residents perform activities of daily living
- Full-time Staff Physician on-site
- Pharmacy Services
- On-site Long and Short-term Rehabilitation Services (physical, occupational, speech)
- Counseling, Social Work and Discharge Planning Services
- Quality-of-Life-enhancing Services and Opportunities
- Recreational and intergenerational activities
- Golub Family Memory Enhancement Center
- Religious Services
- Resident Council participation
- Beauty and Barber Shop
- Gift Shop
- Protected outdoor courtyards and gardens
- Kosher meals for residents and a kosher Cafeteria for visitors
- Caregiver Support programming