

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
						10:00 fitness with Jeff 10:45 News with Eric 12:45 Leave for Literacy 1:30 mah-jongg 3:30 Choral Group(ar) 6:45 Cole Broderick		10:00 exercise 2 10:30 Crafts with DAWN After lunch Country store is open 3:30 knit & crochet		10:00 exercise 3 video 10:00 Leave for Colonie Center 10:30 Curtain call with Sharon 1:30 Parsha 1:30 Mah-jongg 2:30 Shul @ DOS 2:45 Current Events		9:45 Shul 4 Depart for Albany Shuls 2:30 Movie			
		11:00 Protestant Services At DOS 2:30 Nice n' Easy Trio		10:00 exercise 6 10:30 Morning music with DAWN 2:00 Melissa & Dawn – Cultural discussion of the 1920's 3:30 board/card games 6:30 Gerry Lemmo		10:00 exercise 7 10:30 this n' that 1:45 Bingo 3:15 Tu B'Shevat Seder 6:45 Lynn Gross		10:00 fitness with Jeff 10:45 News with Eric 12:45 Leave for Literacy 1:30 mah-jongg 3:30 Choral Group(ar)		10:00 exercise 9 10:30 Amy and Judy crafts 2:00 Reading group 3:30 Knit and crochet		10:00 exercise 10 video 10:00 Leave for Library 10:30 curtain call with Sharon 1:30 Parsha 1:30 Mah-jongg 2:30 Shul @ DOS Afternoon movie outings		9:45 Shul 11 Depart for Albany Shuls 2:30 Movie	
		11:00 Catholic Services 3:30 Bob Cohen		10:00 exercise 13 10:30 This n' that 1:30 Shopping 2:00 Melissa's reading group 6:30 SUNY game night		10:00 exercise 14 10:30 Yiddish video 10:45 Leave for Troy music hall 2:30 BINGO 6:30 Jim burton		10:00 fitness with Jeff 10:45 News with Eric 12:45 Leave for Literacy 1:30 mah-jongg 3:30 Choral Group(ar)		10:00 exercise 16 10:30 Phebe creates 2:00 Love songs with DAWN 3:30 knit and crochet 6:45 Doug Bishop		10:00 exercise 17 10:30 Poetry 1:30 Parsha 1:30 Mahjongg 2:30 Shul @ DOS 2:45 dancercise		9:45 Shul 18 Depart for Albany Shuls 2:30 Movie	
		11:00 Rosary 2:20 Tony Schetti		10:00 exercise 20 10:30 Resident meeting 11:45 Lunch outing 2:00 M&D: Decades of Culture 6:30 SUNY game night		10:00 exercise 21 10:30 This n' That 1:45 BINGO 3:00 Chocolate Lover's Happy Hour 6:30 Judith Thomas		10:00 fitness with Jeff 10:45 News with Eric Movie outing TBA 1:30 mah-jongg 3:30 Choral Group(ar) 6:30 Josh Wein		10:00 exercise 23 10:30 Professor Diane's poetry 2:00 politics 3:30 knit and crochet 6:30 Guytano		10:00 exercise 24 10:30 Jeopardy 1:30 Parsha 1:30 mahjong 1:30 shopping 2:30 Shul @ DOS		9:45 Shul 25 Depart for Albany Shuls 2:30 Movie	
		11:00 Catholic Services 2:30 Ody Goldy		10:00 exercise 27 10:30 Poetry group 2:00 M&D: Decades of Culture 3:00 Bithday Party		10:00 exercise 28 10:30 This n' that 2:00 BINGO 6:30 John sabotoa		10:00 fitness with Jeff 10:45 News with Eric 12:45 Leave for Literacy 1:30 mah-jongg 3:30 Choral Group(ar)							